

# 2015 Central Athletic League "Silver Meet"

Host School: Upper Darby High School

**Girls:** Friday, February 6, 2015: 4:00 PM (Warm up begins at 3:00 PM)

**Boys:** Saturday, February 7, 2015: 2:30 PM (Warm up begins at 1:30 Noon)

**Entries: Due to Casey O'Hara (casey.m.ohara@gmail.com)  
by Saturday, January 31, 2015 @ Noon.**

## Individual Athletes:

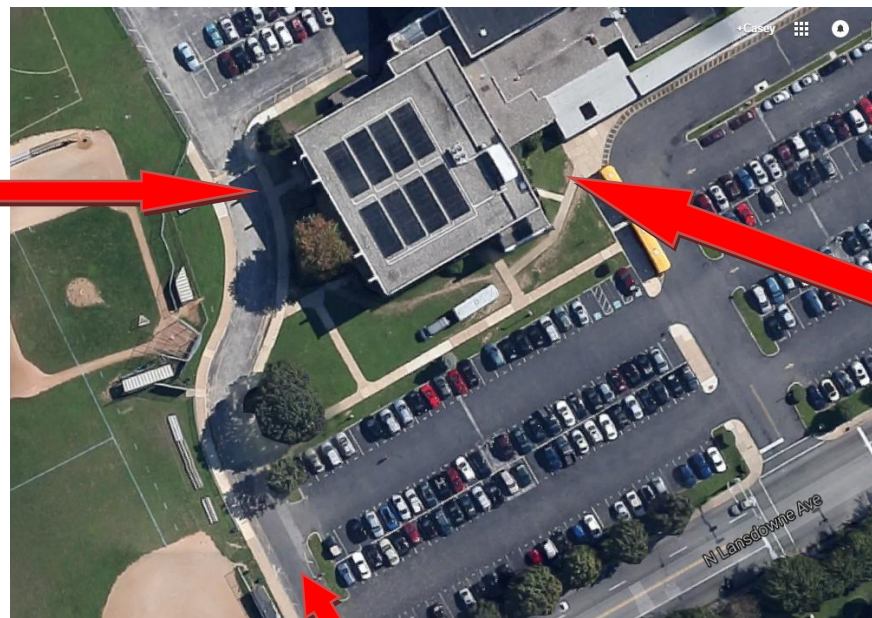
- Swimmers who have already qualified for CAL Swimming Championships may not participate.
  - Swimmers WILL BE allowed to qualify for the Central League meet, by exceeding the qualifying time at the Silver Meet.
- Each swimmer shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events. Swimmers are permitted to enter into one individual and three relays.

## School Entries:

- Each school may enter two (2) relay teams per relay event.
- Each school may enter up to five (5) swimmers in individual events, provided that each of the five **IS SLOWER** than the Central League qualifying time for that event. Schools may enter an unlimited number of swimmers in the 50 and 100 Freestyle events.

## Arrival to UD:

- Please have your transportation departments drop swimmers & coaches off at the pool deck entrance facing the baseball field.
  - This is especially important for the Girls on Friday, as our school dismissal is at 2:41pm. Arriving prior to dismissal is **HIGHLY** recommended.
- Spectators can enter through the Natatorium Lobby.



Swimmers & Coaches  
use pool deck entrance  
facing baseball field

Spectators use Lobby  
entrance to lead up to  
balcony

Buses use the driveway  
nearest the softball field